West Lothian Council Issue no.86 | Autumn 2018

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Jobs Task Force

A new West Lothian Jobs Task Force has been formed to help accelerate growth in the West Lothian economy More on page 2 >

Pictured are (back row) Simon Earp from West Lothian College, Rodney Ayre, Senior Department manager from Mitsubishi, along with apprentices, Jim Henderson and Alice Mitchell from the council's Economic Development team. (Front row) West Lothian Council Chief Executive Graham Hope, Executive councillor for development and transport, Cathy Muldoon, Council Leader Lawrence Fitzpatrick.



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Contact West Lothian Council



For general enquiries:

The council's Customer Information Services (CIS) centres offer face-to-face advice, information and assistance on council services, including: council tax and benefits; housing; concessionary travel; and waste and recycling.

CIS centres in Armadale, Bathgate, Broxburn, Carmondean Connected (self-service kiosk only), Livingston Arrochar House and Whitburn also offer payment facilities for rent, council tax and service accounts.

The council's Customer Service Centre (CSC) lines are open from Monday - Friday, 8am to 10.30pm. Thereafter a number of staff are on-site to deal with emergency calls. The CSC lines are also open from 10.30pm on Friday to 8am on Monday for emergency calls relating to noise, homelessness, repairs to council houses, roads, street lighting and environmental health.

Call the CSC on: 01506 280000

☑ customer.service@westlothian.gov.uk

www.westlothian.gov.uk

There are other direct numbers for specialised services as follows:

- > Antisocial Behaviour **01506 282000** or contact the Police on **101**
- > Gas servicing **01506 280000**
- > NETS and Land Services 0800 616446
- > Pupil Placement **01506 280000**, select option 4
- > Council Tax and Benefits **01506 280000**, select option 2
- Social Care Emergency Team (SCET) 01506 281028 or 281029
- > Crisis Care Team **01506 418784**
- > Textphone for hard of hearing **01506 454427**
- > Homelessness **0800 0323 450**

If you have an emergency, and need to contact the council outwith normal business hours (between 10.30pm and 8am) then please dial **01506 280000.**

Other useful contacts:

West Lothian Advice Shop, Bathgate Partnership Centre

\$\ 01506 283000

www.westlothian.gov.uk/adviceshop







HAVE YOUR SPECIAL DAY IN A LANDMARK VENUE AT THE HEART OF HISTORIC LINLITHGOW

The elegant Grade A-listed Burgh Halls is perfect for couples looking for a unique location steeped in history, combined with modern facilities.

Sitting at Linlithgow's picturesque Cross in the town centre, the iconic town house is next to Linlithgow Palace, St Michael's Church and Linlithgow Loch. It has undergone a £5 million refurbishment to create two stylish, contemporary function rooms and a stunning roof terrace ideal for weddings.

Linlithgow Burgh Halls, The Cross, Linlithgow, EH49 7AH Tel: 01506 282720 email: burgh.halls@ westlothian.gov.uk www.linlithgowburghhalls.co.uk





Is your child eligible?

Parents and carers in receipt of benefits, child tax credit or working tax credits could be eligible for help with school related expenses.

If you receive any of the above, your child may qualify for free school meals and clothing grant. Older children can get Education Maintenance Allowance money paid to them directly if they are past school leaving age.

For more information, pick up a form from your school, local council office or online at:

www.westlothian.gov.uk/helpwithcosts

West Lothian pupils set to benefit from increased clothing grants

School pupils in West Lothian are set to benefit from an increase in school clothing grants beginning in the academic year 2018/19.

A recent meeting of West Lothian Council Executive saw an agreement to increase the level of grant given to both primary and secondary school pupils. This follows a joint commitment from COSLA and the Scottish Government to provide additional funding towards a £100 minimum school clothing grant for eligible families across Scotland.

West Lothian Council has increased the level of grant for primary school pupils from £94 to £125 and secondary pupils from £110 to £135. Currently West Lothian has the highest school clothing grant allowance in Scotland with a total of £626,713 spent during the financial year 2017/18. During the year a total of 6,031 pupils received clothing grants in West Lothian of which 4,065 were primary pupils and 2,236 pupils were secondary. Executive councillor for education, David Dodds said: "We welcome the announcement from

cosla and the Scottish Government on providing additional funding towards a national minimum clothing grant. In West Lothian we are firmly committed to minimising the impact of poverty through our anti-poverty strategy and the additional funding will be directed to this as we increase the level of grant available to our pupils who are most in need."

Pictured are Stuart Isbister, Education Customer Service Officer, Executive councillor for education, David Dodds and Head of Education Jim Cameron

Task force for jobs in West Lothian

A new West Lothian Jobs Task Force has been formed to help accelerate growth in the West Lothian economy. The task force was formally launched during a visit to Mitsubishi Electrical in June and will bring together local partners including West Lothian Council, West Lothian College, Scottish Government, UK Government and Scottish Enterprise.

The remit of the new Jobs Task Force will be to:

Ensure a further

460 high value

jobs are created by

June 2020



Scrutinise the work of **Business Gateway**



Monitor the economy and labour market statistics



Report on any changes that affect the **local economy**



Executive councillor for development and transport Cathy Muldoon said:

"Unemployment in West Lothian is lower than the Scottish and UK averages and the resilience in our labour market reflects a strong and diverse business base across a range of sectors. We are building upon a strong position in West Lothian but we can't stand still. The Jobs Task Force will play a vital role in bringing together local partners to support the growth in West Lothian and help ensure that

partners are aligned to deal with economic challenges of the future.

A properly resourced and longerterm place marketing strategy will help West Lothian compete for investment opportunities."

New strategy to tackle poverty

Strategy aims to address poverty in West Lothian

The Better Off: Anti-Poverty Strategy 2018/19 to 2022/23 has been developed to take into account the changing world and better reflect the challenges, constraints and opportunities there are in West Lothian over the next five years.

The council's previous strategy set about minimising poverty and focussed on strengthening the ways in which partners worked together and ensured that actions and resources were targeted to help those most at risk.

Progress has been made over the past years:

- Partners have helped manage over £60 million of debt
- Supported customers gained £153 million of income through welfare rights advice and support to claim benefits and tax credits
- 1,039 employment opportunities have been created for young people
- Nearly 5,400 adults have engaged with employability support resulting in 62% progressing to a positive destination including employment

The updated strategy sets out our ambition to work collaboratively and take positive steps to address

the financial pressures felt by our residents, and to ensure that tackling poverty is at the centre of our work within West Lothian.
The focus will be on households which are:

- Working but not earning enough
- Not working and on a very low income

Council Leader Lawrence Fitzpatrick added: "There are a number of indicators which are attached to poverty and West Lothian is, generally speaking, below average in terms of the national landscape. "However, poverty is still a significant issue for many households and communities. West Lothian, like many other parts of Scotland, experienced the impact of the credit crunch and subsequent recession"

"Tackling poverty, in particular child poverty, is a main priority for West Lothian Council. Almost one in five children are living in poverty, with many living in a family where a parent is already working. As part of the strategy, we have been speaking to households in our communities. Families have told us that reducing day-to-day living costs is important."

The council's draft plan will be discussed at the Community Planning Board in September with a view to it being approved.

Homeless set to benefit thanks to generous West Lothian pupils

West Calder Parkhead Primary School pupils are donating care packs to help homeless people in the West Lothian community

The pupils recently presented a care pack to give to homeless people during a visit to a West Lothian Council homelessness facility.

The initiative is being run by the Parkhead Primary Pupil Junior Leadership Group who have taken part in many activities in their local community.

A Primary 5 pupil dreamt up the concept and with some backing

from Morrison's Supermarket and the Parkhead Parents Association, the pupils now aim to donate a care pack to one homeless person or family every month.

The care packs will consist of items like a jacket, hat, scarf, gloves, first aid kit, toiletries, colouring book, food and a £5 Morrison's voucher.

This is the first care pack that

the pupils have delivered and they hope to be able to continue this when the new school term begins in August.

Catriona Livingstone from Parkhead Primary School said: "The Pupil Junior Leadership Group allows our children to take part in activities which will aid their own development as people and also hopefully help the local community."

Executive councillor for services for the community, George Paul joined staff

Executive councillor for services for the community, George Paul joined staf from West Lothian Council's Homelessness service in receiving the donation from the children.

Executive Councillor for Services Councillor Paul said:

66We would like to thank the children for the generosity and thoughtfulness that they have shown and wish them good luck as they look to continue this great project.

57



West Lothian Council is moving forward with plans to build a new £8 million primary school near East Calder by 2021.

West Lothian is one of the country's fastest growing areas and a large part of that growth has been within Core Development areas which include Calderwood, Armadale and Winchburgh.

The school will initially be built as a single stream primary school with capacity for 231 pupils with a 64 place nursery as part of the first phase. The first phase is scheduled to start on site in March 2020 and will cost approximately £8 million.

It is planned that the school will be open in August 2021. Further phases will be added as housebuilding at the Calderwood Core Development Area housing progresses.

Executive councillor for Education, David Dodds said: "More and more people are moving into the area and West Lothian is very much an area of growth. This brings a huge number of benefits to

the area and we should be very proud of West Lothian's pro-active approach to supporting economic growth through the provision of

"It is vitally important that the council rises to challenges of providing important local services and we are striving to do that. That is not easy at a time when funding from the Scottish Government is not enough to meet increasing

costs associated with growth in our population."

"By 2022, there will be 1,200 more primary school children (8% increase) and 1,400 more secondary school children (increase of 13%) in West Lothian. It's fantastic that so many people choose to live in West Lothian but that brings challenges for the council. That's why we

are focussing our resources and services on West Lothian's priorities.

"We've recently announced plans to build three new schools in Winchburgh and we've continued to invest in extending and improving a large number of schools throughout West Lothian."

"I'm delighted that there will be a new school in Calderwood which will enhance a growing area and provide a first class facility for local children to learn and develop. 55 Councillor David Dodds

Council investment in local services West Lothian Council commit funds to enhance a number of utive councillor for environment, Tom Conn with one of the council's self-dash propelled mowers local services

The council spent around £480 million in total revenue spend in 2017/18 on delivering important local services. A one-off £101,000 underspend occurred due to prudent management of council's budget last year.

It was agreed to use the funding on a variety of local services. Over £40,000 on support for school summer lunch clubs, £20,000 on a feasibility study for community transport to village/rural areas poorly serviced by public transport, £27,500 on a new self-propelled

mower collector for large grass areas and £13,000 to repair or remove dilapidated street or footpath signs.

Council Leader Lawrence Fitzpatrick said: "The council is contending with enormous financial challenges which are impacting upon many services. However this underspend has come about due to good management of the council's budget and we're delighted to use the funding to support important services.'

"For example, we are committed to tackling poverty in West Lothian and we already invest heavily in lunch clubs for schools which help a large number of young people and parents throughout the summer period. This further funding will enhance that service. Further funding for services such as grass cutting equipment and public transport are also very important to our communities and we have used this funding to support both these areas."



West Lothian Council has agreed to retain instrumental music tuition across all current disciplines

The agreed charge of £354 per year follows a consultation with service users and reflects the cost of maintaining the Instrumental Music Service (IMS), which includes all current music tuition disciplines, as well as the costs of maintaining the bands and ensembles and holding concerts. Concessions have been put in place for low income families.

A survey of families with children in receipt of instrumental music service tuition showed that 53% would support charging for music tuition to maintain strings and percussion

West Lothian Council has pledged

to spend a budget of £0.5 million per year for a revised model of instrumental music provision which maintains a substantial level of tuition, with the remaining £0.5 million required for the service to be raised from charging.

The council is facing estimated budget savings of £65 million over the next five years, and is making savings across the council to allow us to balance our budget and protect essential services. The money that the council receives from the Scottish Government is significantly less than what we need to cover the rising $costs \, for \, our \, growing \, young \, and \,$ older populations in particular.

New West Calder High School completed

Construction work has been completed on the superb new £32 million West Calder **High School**

The keys to the state-of-theart building were handed over to West Lothian Council on Friday 29 June by developer Hub South East and main contractor Morrison Construction.

The 1,100 capacity school is West Lothian's biggest single investment in education and has been designed with the pupil experience at the core, as well as providing facilities accessible to the local community.

It has been delivered on time and on budget, with staff now getting the building ready for the first pupils starting at the new school in August. Future pupils of the new school joined with West Lothian's Executive councillor for education David Dodds. Hub South East's Paul McGirk and Morrison Construction

Operation's Allan Cunningham to mark the special occasion. Councillor David Dodds said: "We are delighted to receive the keys to the fantastic new West Calder High School, which we believe is the finest facility of its kind in the UK just now."

"West Lothian already has one of the best school estates in Scotland, thanks to ongoing investment, and West Calder represents the very latest in school design to boost the educational experience. "Thanks to Hub South East

and Morrison Construction for their hard work in delivering a facility that will make a huge difference to the next generation of West Lothian young people."



A number of West Lothian schools underwent a

£1.7 million upgrade

this summer



43 nurseries, primary and secondary schools underwent recent planned improvements and upgrades

West Lothian has one of Scotland's best school estates. Each summer the council invests heavily in a rolling programme to improve schools and to ensure that West Lothian's school estate remains one of the best in the country.

The works are spread over schools across West Lothian, and range from minor works to larger scale projects. These include:

- boiler upgrades at schools including Armadale Primary, Knightsridge PS, St John Ogilvie and Croftsmalloch PS.
- £100,000 at Our Lady of Lourdes Primary in Blackburn and £165,000 at Stoneyburn Primary to upgrade the toilets.

- ceiling replacements at Toronto Primary and Howden St Andrews, Livingston.
- £175,000 at Linlithgow Academy to complete phase 3 of the science lab refurbishment programme.

Executive councillor for education David Dodds said: "West Lothian has one of the best school estates in the country and it's vital we continue to invest to maintain and improve this. The summer holidays are an ideal time for work to take place without disrupting pupils. The council is committed to providing our children with the best possible environment for learning due to the benefits it can bring. Attainment in West Lothian has risen significantly in the last few years, and this investment will help support our young people to achieve their full potential."

School Terms and Holidays 2018/2019

School term dates in West Lothian for the next two years have been agreed. Term dates for the for the 2019/20 session have also been agreed and are available online. For full details, please visit www.westlothian.gov.uk/schoolholidays.

School Term 2018/19

The new school term starts on **Tuesday 21 August** for pupils. The new term dates for 2018/19 are shown below.

PLEASE CUT OUT AND KEEP THIS GUIDE AS A HANDY REMINDER

TERM 1

- Term starts Tuesday, 21 August 2018
- September break Friday, 14 September 2018
- Pupils resume Wednesday, 19 September 2018
- October Holiday break Friday, 12
- Pupils resume Tuesday, 23 October
- Term ends Friday, 21 December 2018

TERM 2

- Term starts Monday, 7 January 2019
- February break Friday, 15 February
- Pupils resume Wednesday, 20 February 2019
- Term ends Friday, 5 April 2019

TERM 3

- Terms starts Tuesday, 23 April 2019
- May break Friday, 3 May 2019
- Pupils resume Wednesday, 8 May
- Term ends Friday, 28 June 2019

There is also a one day local holiday with the majority of West Lothian schools closed on Spring Day, Monday, 20 May 2019, except schools in Bathgate, which will be closed on Newlands Day, Monday, 3 June 2019, and Linlithgow schools which close for the Linlithgow Marches on Tuesday, 18 June 2019. Parents/carers should confirm with their school if they aren't sure which holiday affects their child. In-service days for teachers will take place on: Monday, 20 August 2018; Tuesday, 18 September 2018; Monday, 22 October 2018; Tuesday, 19 February 2019; and Tuesday, 7 May 2019.



probationary teachers

The new intake of probationary teachers joining the Teacher Induction Scheme has increased this year and is split with 60 being placed in primaries and 50 in secondary schools

West Lothian has one of the fastest growing populations of young people in Scotland and in turn this creates an increasing school roll.

West Lothian's probationer teachers can access a full and varied professional learning

programme of after-school sessions which provide opportunities for further developing their classroom practice and also the chance to get to know each other and build a supportive network of colleagues.

Executive councillor for Education, David Dodds, a teacher himself, said: "We are delighted to welcome 110 new teachers to our probationer programme. The scheme in West Lothian is very well established. Probationer teachers will spend a year within

their allocated school where they will benefit from an in-school supporter who is an experienced member of staff. They will also have dedicated time set aside for professional learning.

"It has been many years since I was a probationer teacher and many things have changed over the years.

"However the fundamentals haven't and it is a challenging and rewarding career, and I wish them all the very best as they embark

upon their new career path." Elaine Cook, West Lothian Council's Depute Chief Executive, added: "Our new probationers will find a warm welcome and a full programme of support. We have had a fantastic response from our previous probationers who have said that they feel welcomed into their West Lothian schools and are very appreciative of the support provided by their individual supporters and wider school staff."

Freya Lamont is West Lothian's Young Writer of the Year

Low Port Primary School pupil Freya Lamont is West Lothian's Young Writer of the Year 2017

Freya Lamont beat over 6,000 entries from 38 local primary schools to win the prestigious title with her very moving entry, "The Letter". The letter, from a young soldier to his younger sister, tells of his experience on the front line, of his fear and longing to be back home with his family and sweetheart.

Over 200 guests attended the Awards ceremony at Howden Park Centre in Livingston.

Presenting Freya with the Young Writer of the Year award author Emily Dodd said: "Freya's piece was moving, capturing the authentic voice of Arthur, a young man who was grappling with the emotional pain of being at war as he wrote to his sister

back home.

"It is an honour to present Freya with such a well-deserved award. I look forward to seeing her work in book shops one day! I wish all the winners the very best of luck and hope to read more of their stories in the future.'

The event, organised by the council's Library Services aims to encourage creative writing, promote reading and reward effort. The judges were S6 students from James Young High School who had the very difficult task in selecting just 26 prize winners. The Awards ceremony provides an opportunity to showcase and celebrate the achievements of all of West Lothian's Young Writers. The

competition is sponsored by several local and national organisations, which enables the event to be staged and provides a reward for every pupil who enters the competition, as well as providing specially selected prizes for the award winners themselves. The young writers' work is published in a special booklet and a copy is sent to each primary school and is also available from any library in West Lothian.



Advice Shop welcomes new volunteers



West Lothian Council has welcomed its latest group of volunteers to the Advice Shop

The Advice shop has recruited and trained a group of eleven new volunteers who will now be available to assist the people of West Lothian in a variety of voluntary roles.

The Advice Shop is a free, impartial and confidential service to help the people of West Lothian with a focus to alleviate poverty and to promote inclusion and equality through advice, assistance and advocacy.

Volunteering can help you gain valuable skills, training and experience and give you the chance to make a difference in your community. In the last year, Advice Shop volunteers contributed over 2,300 hours of volunteering and training.

All volunteers with the Advice Shop undertake a recruitment and selection process and if successful, full support and training is provided.

Depute leader of West Lothian Council, Kirsteen Sullivan said: "We are delighted to welcome the latest group of Advice Shop Volunteers. Volunteering can be a truly rewarding experience as you can really make a positive difference in other people's lives. "The Advice Shop is a fantastic service that gives West Lothian people access to vital services. Therefore we have to thank everyone who has volunteered so far and encourage all those considering the opportunity to do so in the near future."

The Advice Shop is currently looking for volunteers in a number of roles. To get more information about volunteering with the Advice Shop, contact Joanne MacKenzie on 01506 282923 or email joanne.mackenzie@westlothian.gov.uk

What are

our key

Have your say on Adult Health and Social Care Services

West Lothian Integration Joint Board (IJB) brings together the planning, resources and oversight for a wide range of health and social care services for adults in West Lothian. The IJB is reviewing its Strategic Plan to help transform how health and social care services are provided in West Lothian. This will be a five year plan from 2019-23. Read on and have your say about health and social care priorities in West Lothian.

What are our biggest challenges across West Lothian Health & Social

Care Partnership

How will integration help

achieve our

ambitions?

priorities?

Our Vision

is to increase wellbeing and reduce health inequalities across all communities in West Lothian.

Integration

of health and social care means there will be more focus on community-based services and more focus on prevention and early intervention. It will help people get the right care, at the right time, in the right place and be supported to live as independently as possible.

Our Values

The IJB have aligned NHS and Council values with the policy intentions of health and social care integration to create a set of values.



What does this mean for service users?

We will gauge successful integration by the extent to which:

- People are involved in designing their own care.
- Services work together, are joined up and there is less duplication.
- There is easier access to services through a single point of contact.
- The benefits of new technology are realised and utilised.
- People with multiple long-term conditions are supported.
- There is a shift to early intervention and prevention.
- We make the most effective use of resources.
- Our workforce is motivated and skilled.

Why are we consulting?

The IJB believes strongly in working with local communities and is committed to engaging with customers, staff and partners in every aspect of adult health and social care. Health and Social Care services have an impact on everyone in West Lothian and the IJB want to involve everyone in our strategic plan consultation. We are consulting with you to help us address the challenges we face over the next five years. We are looking for your feedback on health and social care priorities over the next five years and your views on the proposals contained within this document. Your views are important and we would encourage everyone to get involved.



Why does health and social care need to change?



Economic Challenges

Both West Lothian Council and NHS Lothian are facing significant financial challenges over the next five years.



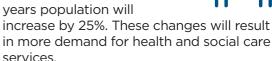
Long Term Conditions & Complex Needs

Over a third of people in West Lothian are living with one or more long term condition which affects their wellbeing.



Population Projections

West Lothian's population is growing and expected to increase by 10,000 over the next 5 years. At the same time the over 75 years population will



Health Inequalities

There are significant differences in health outcomes between some communities and individuals with an 8-10 year gap in life expectancy between the most deprived and least deprived in West Lothian.

Workforce

The age profile of the workforce together with fewer people choosing a career in health and social care is impacting on sustainability making it harder to recruit and retain a skilled personal care workforce.



Shifting the balance of care

We need to provide more care in community to reduce avoidable hospital admissions and support people to return home or to a homely setting as soon as possible.



How will we meet the challenges ahead?

Develop a financial plan that sets out the IJB's priorities and plan ahead for the next 5 years Consult with
residents of West
Lothian and our
stakeholders and
partners on the
choices that lie ahead

Agree our
Financial Plan
and our Strategic
Plan, including
priorities, following
consultation

Introduce a programme of transformation over the next five years that will radically change how some services are delivered

Ensure the local community is engaged with throughout

At all times seek to prioritise, deliver and improve health and social care services

Strategic priorities for transforming health and social care

West Lothian IJB's Strategic Priorities aim to improve health and wellbeing and to reduce health inequalities across our communities. These are aligned to the National Health and Wellbeing Outcomes and focus on a shift towards prevention, performance and workforce development and the need for a more localised partnership approach. The Scottish Government's 2020 Vision underpins our approach to how services will be shaped and delivered in the future.



Scottish Government 2020 Vision

'By 2020 everyone is able to live longer healthier lives at home, or in a homely setting'.

We will have a healthcare system where we have integrated health and social care, a focus on prevention, anticipation and supported self-management. When hospital treatment is required, and cannot be provided in a community setting, day case treatment will be the norm. Whatever the setting, care will be provided to the highest standards of quality and safety, with the person at the centre of all decisions. There will be a focus on ensuring that people get back into their home or community environment as soon as appropriate, with minimal risk of re-admission.

Here are the key priorities

Prevention and Early Intervention



Shifting the focus of services towards prevention of ill-health and anticipating need for support at an earlier stage will help to prevent crises and enable people to make better choices and achieve better outcomes.

Offering a greater range of community-based health screening and promoting

activities to improve health and wellbeing will help to prevent illness. We will ensure that our approach to supporting people with long term conditions is person centered and that people are supported to self-manage their conditions to stay healthy and more independent for longer. This will include improving access to services and care planning to promote early intervention and recovery and extending the use of new technology to support self management and reduce the need for frequent doctor appointments.

The IJB recognise the vital role played by carers and will aim to ensure that their health-related quality of life does not deteriorate as a result of their caring role.

Transforming Health and Social Care



The new strategic plan will focus on achieving a sustainable health and social care system for West Lothian. This will require change over time to improve health and wellbeing outcomes, including:

 Redesign and implementation of a Frailty Pathway that will improve outcomes for older people

- Redesign of Mental Health services to improve access to care and treatment and promote good mental health outcomes
- Promoting choice, independence and inclusion for people with a Learning Disability to ensure people can live in their community wherever possible
- Implementation of the new GP
 Contract and development of more
 integrated community teams
 around GP Practices to support
 sustainability of primary care,
 improve access to services and
 enable GPs to spend more time
 with the people who need them
 most

Tackling Health Inequalities



People's living and working conditions can affect their health and wellbeing with factors such as low income and housing contributing to inequalities in health outcomes. We will work with our partners to reduce the impacts of social circumstances on health through:

- Ensuring services are accessible to all based on need
- Prioritising prevention, primary and community services to

- maximise benefit to the most disadvantaged groups
- Supporting services and initiatives to reduce the impacts of inequalities on individuals' and communities' health and well being
- Ensuring that people are well connected to access employment opportunities
- Offering income maximization assistance to families and access to specialist benefits and money advice

Integrated and Co-ordinated Care



Through working with people in their own communities and using our collective resources wisely we can transform how we deliver services. Our focus will be on ensuring we deliver the right care, in the right place, at the right time for each individual so that people are:

- Assessed, treated and supported at home and within the community wherever possible and are admitted to hospital only when clinically necessary
- Discharged from hospital as soon as possible with support to recover and regain their independence at home and experience a smooth transition between services
- Safe and protected and have their care and support reviewed regularly to ensure these remain appropriate
- Actively involved in decisions about how their health and social care needs should be met through placing 'good conversations' at the centre of our engagement with them

This will include improving use of technology to support people at home; sharing information with other professionals to reduce duplication and developing models of care that support personalization, choice, independence and inclusion to enable people to lead fulfilled lives and have more control of their care and support.

Managing our Resources Effectively



We aim to make the best use of our shared resources by working with our partners, communities, and with individuals and their carers to inform where and how our services are delivered and consider if we can achieve this in a more efficient way.

To improve patient experience, reduce waiting times and ensure people get faster access to the treatment they need,

we will signpost people to the most appropriate resource to meet their needs and enable them to directly access a range of services without the need to go through their GP wherever possible. We are engaging with stakeholders and communities to help develop Locality Plans for the East and West of West Lothian. These plans will take account of different needs in the two Localities and

aim to make the best use of our existing assets and resources.

Our workforce are critical to the effective delivery of health and social care and we will ensure they are fully engaged and able to contribute to the design and delivery of health and social care integration and have the knowledge and skills to respond to the changes we envisage.

How to take part

Online

Respondents are encouraged to complete the consultation response form online by going to: ww.surveymonkey.co.uk/r/DJ5RPQT or scan the QR code with your mobile device.

The consultation will close on Monday **8th October**



Paper copy

You can complete this form, cut it out and hand it in to West Lothian Civic Centre, or any other council office or Library. Or you can FREEPOST your completed form to:

FREEPOST BULLETIN SURVEY **DEL ITEMS TO BULLETIN SURVEY** WEST LOTHIAN COUNCIL, **WEST LOTHIAN CIVIC CENTRE HOWDEN ROAD SOUTH** LIVINGSTON **EH54 6FF**

Please note: Photocopies will not be accepted. All completed forms must have been received by Monday 8 October.

What will happen next?

Following analysis of the feedback received, a draft Strategic Plan will be prepared. This will be discussed alongside the findings of the consultation by the IJB Members at their November meeting, who will have the opportunity to put questions about the consultation to Health and Social Care Partnership staff. The feedback from the Board Members will be incorporated into the draft Strategic Plan, which will go back out to consultation. The feedback will be incorporated into the draft Strategic Plan from this consultation and the IJB will agree the final plan in March 2019.

Thank you for taking the time to complete this consultation document.

Have your say on priorities for better health and social care services in West Lothian

Rate our priorities in order of importance from 1 to 5 (1 = most important to 5 = least important)		Do you agree with the 'Vision' and 'Values' set out in this document?				
			Do you agree? (please tick one option on	ly)	Yes	No
Tackling Health Inequalities Ensuring that everyone can access the services and support they need regardless of social factors, income or employment status.			If no, please explain why and / or tell us wha	nt else y	ou think sh	ould be included.
<u> </u>	rds prevention of ill health and anticipating revent crises and enable individuals to make b					
Integrated and Co-ord	inated Care		The IJB believes that the five health & social care services I	-		
Providing care in a more joined-up way, promoting a 'home first' model for community health and social care, and supporting personalisation of care, choice, independence and inclusion.			Do you agree? (please tick one option only) If no, please explain why and / or tell us what else you think should be included.			
Managing our Resourc	es Effectively					
	l resources by working collaboratively, engag nunity capacity and developing a Workforce F					
Transforming Health &	Social Care					
Redesigning services to achieve a Lothian	sustainable health and social care system fo	r West	If you need more space please go online to	take į	part or atta	ch an additional sheet of paper.
An individual: An employee of West Lothian Council	Do you consider yourself to have a disability? NO Do you have caring and/or parenting		is your ethnic group - Choose one section fr bes your ethnic group or background			ck ONE box which best
An employee of NHS Lothian On behalf of a Group / Organisation	responsibilities for a child, children or for anyone else (e.g. a family member, friend, neighbour etc)?	En:	ottish British glish Irish Gypsy/Traveller		•	Pakistani Scottish or Pakistani British lian Scottish or ish
Name of organisation	Yes (children under 18)	No	rthern Irish Polish		•	hi, Bangladeshi Scottish or
	Yes other	Anv	other White ethnic group, please write in:		Banglades	hi British hinese Scottish or Chinese British
Gender Identity	No Prefer not to cay		3 171			ase write in
How would you describe your gender identity?	Prefer not to say					
Man Woman In another way Prefer not to say	If you consider that you have a disability, please indicate if you have any of the following conditions:		Mixed or multiple ethnic groups d or multiple ethnic groups, please write in	E Other ethnic group		
If you are responding as an individual or an employee of the council, or NHS Lothian please complete the following	A learning disability A longstanding illness or other health condition		n, Caribbean or Black ican, African Scottish or African British		Arab Other, pl	ease write in
information:	A mental health condition	Ca	ribbean, Caribbean Scottish or Caribbean British			
Age Nearest town/village	A physical impairment A sensory impairment		ack, Black Scottish or Black British	•		
	Other condition	Other, ple	ease write in	· · · · · · · · · · · · · · · · · · ·		
	Prefer not to say			:		

HOUSEHOLD WASTE ONLY AT RECYCLING CENTRES



Commercial waste is no longer accepted at any of West Lothian's five recycling centres, which have now been renamed Household Waste Recycling Centres (HWRCs).

The move is part of changes at HWRCs that aim to protect both the environment and vital council services by improving recycling rates and reducing landfill costs. Residents are advised to make sure they know the new rules when they visit a HWRC, such as bringing along valid ID such as a driving license and proof of residence. Valid ID can be either a current driving licence or passport and a recent bank statement, council tax, or utility bill. Commercial waste is any waste produced or transported by commercial

contractors including organisations, commercial premises, traders, charities, landlords, restaurants, hotels, etc. even if it originates from residential properties. The changes should have no impact on the vast majority of local residents for their household waste, but individuals are advised to check in advance if they

The small number of local residents who use liveried vehicles with commercial logos or signage on them, to dispose of their household waste will need to

apply for a permit to continue to use our HWRCs. For full details, please visit www.westlothian.gov.uk/ recyclingpermits

Local residents who have hired a van to dispose of their household waste will need to bring along a copy of their hire agreement as well as valid ID, such as a driving licence or passport and recent council tax or utility bill.

Commercial waste

in West Lothian can be disposed of at 14 local sites managed by private operators, with further information available by visiting the link below:



are affected.

www.westlothian.gov.uk/tradewasterecycling

West Lothian **HWRCs** are located at Blackburn, Broxburn, Linlithgow, Oakbank in Livingston and Whitburn, and are open Monday - Sunday, 9am -7pm, from June to September. Please note last entry is at 6.45pm.

For full details, please visit www.westlothian.gov.uk/local-recycling-centres



A new bin collection updates page

has been set up at www.westlothian.gov.uk/bincollection-updates.

Updated every day except Sundays and holidays, this page allows residents to check regarding any missed collections and see when our teams plan to return to empty them. We would urge any resident whose collection is missed to check www.westlothian.gov.uk/bin-collection-updates and make sure their bins are out by 7am on the new collection day.

Get your bin calendar online

The online service allows customers to access their bin collection dates within a few seconds from their phone, tablet or PC. The online service allows customers to enter their postcode to check the dates of their next scheduled collections. The online service also features the option of printing off a handy calendar. (Once you have selected your property, you can download a copy of your calendar onto your phone, tablet or PC, or print it out).

The system also allows customers to add their bin collection dates to their preferred calendar on their phone, tablet or PC. The system will be more responsive than a paper calendar as it can be updated for temporary service changes, such as collections during holiday periods. The system can also send e-mail reminders on subscription.

The calendar will be available on the West Lothian Council website at www.westlothian.gov.uk/bins



Universal Credit was introduced in West Lothian in May 2018

Universal Credit (UC) is administered by the Department for Work and Pensions (DWP) and aims to make the Welfare Benefits system simpler by replacing six key benefits and tax credits with one single monthly lump sum payment.

Universal Credit replaces:

- Housing Benefit*
- Income Support
- Income-based Job Seekers Allowance
- Income-related Employment Support Allowance
- Child Tax Credits
- Working Tax Credits

What you need to receive your benefits:

In order to receive Universal Credit you must have in place:

- A bank account
- An email address
- A telephone number

Change in Circumstances

Once you have a Universal Credit online account, it is important to keep your account up to date. You need to report changes to your circumstances so you keep receiving the right amount of payment each month. The Department for Work and Pensions may stop or reduce your claim if you don't report a change of circumstance straight away.

Changes can include:

- finding or finishing a job
- having a child
- moving in with your partner
- starting to care for a child
- moving to a new address changing your bank details
- your rent going up or down
- changes to your health condition

- becoming too ill to work or meet your work coach
- changes to your earnings (only if you're self-employed)
- You can report a change of circumstances by signing in to your Universal Credit account.

Digital Support

If you need to make a new Universal Credit claim but aren't confident with your IT skills contact Access2Employment on 0800 0329768 to arrange an appointment in your local area. Information on the service available -

www.westlothian.gov.uk/access2employment or email

access2employment@westlothian.gov.uk

Other Support

West Lothian Council's Adult Learning team can offer a wide range of courses for people that may improve confidence in making and managing a UC claim online, such as;

- English as a second or other language
- Digital courses
- Courses to improve reading, writing and numeracy
- Call **0800 731 1831** or e-mail adultlearning@westlothian.gov.uk for more details on the courses they offer.

Support to make the claim

If you feel that you need advice about claiming UC or do not understand the application form, you can visit the Advice Shop or call them on 01506 283000.

West Lothian Council has produced a guide that explains what the introduction of Full Service Universal Credit could mean for you and your family and provide details of the support available.

The guide is available at: www.westlothian.gov.uk/universalcredit



Better off
*Certain groups of people will continue to claim nousing
Benefit. Contact the Advice Shop if you have been told that you cannot get your housing costs through UC.

Tenants move into new council homes





L-R: Housing Allocations Officer, Sharon O'Hara; Mrs Margaret King who was joined by her daughter Elaine and great grand-daughter Emily; Executive councillor for services for the community, George Paul and Community Housing Officer, Stephen

Tenants have started to move into the new Eastfield Place development which is sited on the former Eastfield Park in Fauldhouse.

In the spring of 2018, 40 new homes were completed and handed over to their new tenants. The development is in the form of a cul-de-sac making an environment safe for both children and elderly tenants.

Each property has its own individual garden and off-road parking space. The largest properties have one bathroom and one shower room while bungalow type properties are suitable for tenants with mobility issues and are fitted with wet floor showers.

Executive councillor for services for the community, George Paul visited the site with Community Housing Officer Stephen Morrison and Housing Allocations Officer, Sharon O'Hara to meet tenant, Margaret King.

Mrs King moved into her new two bed bungalow in Eastfield Place in May 2018 and she is delighted. Mrs King is a wheelchair user and previously was restricted by steps at her front door. The new

property is all level access and Mrs King feels a great benefit with

Mrs King said: "This new house is fantastic. I notice a big difference with door space for moving around in my wheelchair. It's more than I ever expected. I'm just so happy with it."

Executive Councillor for Services for the Community, George Paul, said: "We have invested heavily in our new build programme and this site is just one of many across the county. Affordable housing is an issue across the country and we are committed to doing everything possible to meet demand and help local people in West Lothian. I wish Mrs King the very best for the future in her new home."

Other sites to have seen developments in recent months include Lammermuir and strategic core development sites in Calderwood and Winchburgh.

LAMMERMUIR

Tenants are getting ready to move in to the first houses at Lammermuir which are expected to be handed over in summer 2018

The two, four bedroom semi-detached and four, two bedroom cottage flats will be the first of 44 houses delivered in the central Livingston site.

The remaining homes are expected to be fully completed by the end of

CALDERWOOD



Some handovers have been completed with tenants moving into their new homes.

It is anticipated that there will be a further 30 handovers completed by the end of the summer.

WINCHBURGH



Winchburgh.

The first tenants into properties in

The properties are a mix of cottage flats, houses and terraced

All the properties will be handed over by September.

Work starts on new homes to transform Whitburn community

Work has started on 85 new homes which will transform a West Lothian community

West Lothian Housing Partnership (WLHP) - part of Wheatley Group is building homes at Dixon Terrace

The development will increase the supply of much-needed affordable housing in West Lothian.

The new homes in Dixon Terrace will be a mix of flats and houses, with 28 of the flats specially designed for older tenants, helping them live independently for longer. Each home will have energyefficient features including solar panels to cut heating costs.

The £11.5m development, which includes £6m grant funding from the Scottish Government, should be finished by early 2020.

Councillor Kirsteen Sullivan, Depute Leader of West Lothian Council, said: "There's a huge demand for affordable housing in West Lothian, with around 9,000 people looking for a new home on the Common Housing Register. The council is aiming to ensure that 3,000 affordable homes are delivered in West Lothian over the period 2012-2022 to help meet

"We are pleased to support WLHP with this fantastic new development, which will deliver much needed new social housing for Whitburn."

As part of its contract with WLHP, contractors Springfield Properties will be providing jobs and training opportunities for local people.

As well as the new homes at Dixon Terrace, work is well underway on 55 WLHP homes for social rent at Winchburgh Village, while another 42 homes for mid-market rent are currently being built at Jarvey Street in Bathgate.

Another 146 homes, a mix of social rent and mid-market rent, are also planned for Livingston.





Keep Blackridge Safe campaign

A campaign has been launched to tackle antisocial behaviour in Blackridge

The village has experienced a number of antisocial behaviour issues over recent months, West Lothian Council and Police Scotland are working working in Partnership to Keep Blackridge Safe campaign to raise awareness of the issue and encourage residents to report incidents to the authorities.

Police Scotland and the council's Safer Neighbourhood Team (SNT) have already had high profile patrols in the community and the Safer Neighbourhood Team have linked in with vulnerable and isolated members of the community to provide reassurance.

A number of actions to help reassure the community and ensure that incidents are being reported. All community safety partners are involved to address the issues reported and the teams are also engaging with young people in the community also. The SNT and Police are holding joint drop-in surgeries at the Craig Inn over the summer period, including -

Wednesday 22nd August - 6pm-8pm

Vice Chair of the Services for the Community Policy, Development and Scrutiny Panel, Councillor Andrew McGuire said: "Antisocial Behaviour can have a severe impact upon residents' lives. That is why we

have launched this local campaign and we hope to raise awareness within the community on how local people can report incidents and help the authorities crack down on this unacceptable behaviour."

"A letter drop for the Blackridge community has already taken place providing people with contact information, we will also be regularly posting details on how to contact the authorities on social media and through our drop in sessions. Posters will also be placed in public areas and we hope the message will get through to the local community; Antisocial Behaviour will not be tolerated and the council and police are here to help."

Pathways claim silver at Ingliston garden show



A team of adults with additional support needs from West Lothian are celebrating after coming away with a top prize at this year's Ingliston Garden Show.

Team Oatridge claimed a silver gilt medal at the Gardening Show for their display based on the four seasons. Their display featured blocks of colour representing the different seasons and pots packed with plants depicting love, care, sunshine and water through which they were able to demonstrate everything that is needed to look after your garden.

The team came together through

Pathways, the West Lothian Council service which provides care to adults with a learning difficulty who are aged between 16 and 65.

Pathways aims to provide day services for people who require additional structure and support to make choices, learn new skills and enjoy life by engaging in a personalised range of meaningful activities using community based venues as well as within the unit.



Executive Councillor for Social Policy, Angela Doran said: "Congratulations to Team Oatridge on winning a silver prize at this year's Ingliston Garden Show. Pathways can offer individuals with learning support needs valuable opportunities to develop and grow as individuals through collaborative work such as this project with the SRUC Oatridge Campus. I hope that everyone involved is proud of their efforts and they have enjoyed and learnt from the experience."



West Lothian Council has added four new articulated lorries and trailers to its fleet of waste collection vehicles

The vehicles haul waste and recyclable materials to the various processors that the council use to sort, reuse, recycle, recover and dispose of the materials collected from householders and businesses across West

These vehicles enable the council to control its own transportation and ensure efficient delivery of materials to processors.

Tom Conn, Executive councillor for the environment, said: "The trailers hold upwards of 23 tonnes of material which enables the council to use these vehicles to bulk and transport material. That reduces the amount of time spent driving directly to processors which, in turn, allows our teams to keep our bin lorries out collecting waste for longer."

CHANGES TO THE COMMERCIAL BUS NETWORK

First East Scotland provides the majority of commercial bus services in West Lothian (80% of our local bus journeys are provided by commercial operators). They made significant changes to their network starting from 6 August 2018. Details are available on www.firstgroup.com/south-east-and-central-scotland/

Subsidised bus services

The remaining 20% of bus journeys in West Lothian are provided through subsidised network routes funded by the council at a cost of around £1.7 million per year. The amount of funding that the council invests in subsidised bus services is not changing.

As a result of commercial changes. West Lothian Council has had to review a number of subsidised bus services to ensure that they continue to fit into the revised commercial network.

Only subsidised routes with First Bus have been reviewed. Subsidised services with other commercial providers are not affected at this time and the council will continue to monitor all subsidised routes over the coming months to ensure that routes still achieve their stated goals and offer value for public money.

Introduction of **Lothian Country**

Lothian Country, a wholly owned

subsidiary of Lothian, will be expanding its services into West

From Sunday 19 August three new routes will be introduced complementing the current network, creating new links between Edinburgh and Bathgate, and Edinburgh Park Station and Whitburn, seven days a week.

To find out more, visit www.lothiancountry.co.uk to register your details on the Early Access List to be first to know more details on services and ticketing.



Executive councillor for development and transport, Cathy Muldoon, said: "Commercial operators can make changes to their services based on a number of factors and the council has to adapt subsidised services to ensure that they fit into the overall bus network."We are however delighted that Lothian are extending their services into West Lothian and we welcome the improvements this will bring to the public transport network that connects our communities."



FREE JUMPWALL SESSION WHEN PAYING FOR A FULL PRICE JUMP!

Bounce on down to JumpStation, Scotland's #1 Trampoline Park for fun! With the UK's first Augmented Climbing wall!

T&Cs: Voucher must be presented at reception on arrival. Photocopies will not be accepted. Not valid in conjunction with any other discounts/deals. Please book online at jumpstions.co.uk and enter promo code: WLFREEWALL

Offer valid until 31st October 2018.

3 Kingsthorne Park, Houston Industrial Estate, Livingston EH54 5DB. Tel. 01506 537966, www.jumpstations.co.uk

Bulletin







1 FREE CHILD WHEN ACCOMPANIED BY A PAYING ADULT

Enjoy a fun-filled day for all the family at Almond Valley Heritage Centre. Meet the animals, enjoy some adventure and play or visit the fantastic Shale Museum.

Almond Valley Heritage Centre, Millfield, Livingston, EH54 7AR. Tel. 01506 419457, www.almondvallev.co.uk. T&C's: Child must be accompanied by a paying adult. Voucher valid until 31st October 2018.





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1 FREE CHILD PER FULL PAYING ADULT PER VOUCHER

Get up close with owls from around the globe in the world's largest collection of these incredible creatures of the night. The centre is open from 10.30am to 5pm. Visitors can Meet the Birds at 11.30am and watch Flying Displays at 1.30 and 3.30pm.

Polkemmet Country Park, Whitburn, EH47 OAD Tel. 01501 228184 www.scottishowlcentre.com T&C's: Voucher must be presented

on arrival. Photocopies will not be accepted. Offer valid until 31st August 2018.







WILLIAMSCRAIG HOLIDAY COTTAGES

£50 OFF EACH BOOKING MADE BEFORE **30TH NOVEMBER 2018.**

Seven comfortable and stylish self-catering holiday cottages in one of the cosiest retreats with some of the best views in the land. Cottages come with a large Jacuzzi hot tub, badger cam, bird-cam, next to a large swing park, woodland walks and a Golf Club, with bar/restaurant

Photocopies not accepted. The Horsemill, Williamscraig, Linlithgow, EH49 6QF. Tel: 07795 040 608

Do you find the information in

Bulletin easy to understand?

Please circle a number below - Where 6

is very easy to understand and 1 is very

| 2 | 3 | 4 | 5

difficult to understand.







BEECRAIGS CARAVAN & CAMPING SITE

LITTLE LODGE SPECIAL OFFERS

WEEK SPECIAL - stay 7 consecutive nights & get a third off the total cost, excluding cost of dog.

Weekly cost of dog reduced to £25. Exclusive of any other offer.

T&C's: Offers valid until the end of March 2019 unless otherwise stated. Tel. 01506 284516.Beecraigs Country Park, Near Linlithgow, Photocopies **Bulletin** will not be accepted. West Lothian, EH49 6PL, United Kingdom

Facebook

Twitter

YouTube

Other (please specify below)

Please cut out and post to:

WEST LOTHIAN COUNCIL.

HOWDEN ROAD SOUTH

LIVINGSTON, EH54 6FF

FREEPOST BULLETIN SURVEY

WEST LOTHIAN CIVIC CENTRE

DEL ITEMS TO BULLETIN SURVEY

Thank you!



Bulletin Survey 2018 - it is free to take part. We hope that you are enjoying this issue of the council's newspaper Bulletin. Through this publication

we aim to deliver important council and local news to every household and business guarterly costs. We are keen to hear what you think about the stories, pictures and offers inside.

information about

Council developments

the following:

Plans for the future

Local communities

Council services

Local events

Scan QR code with your smartphone to complete the questionnaire online or visit www.esurveycreator.com/s/ BulletinSurvey2018



1	How would you rate the overall quality of Bulletin?	4 Please indicate your views of Bulletin in the categories	6 Which of the following best describes how you read	8 Can you suggest any changes/improvements to Bulletin?	How would you rate t selection of articles in Bulletin?
! a	Excellent	below, with 6 being the	Bulletin?		
b	Good	highest and 1 being the lowest. For example, if you	I read Bulletin thoroughly from front to back		a Excellentb Good
c	Average	feel Bulletin is very well	I skim read articles		c Average
i d	Poor	presented please circle 6 in	I only read articles that directly		d Poor
l e	Very poor	this category. Interesting	involve my local town/village		e Very poor
2	In general, do you read Bulletin?	1 2 3 4 5 6	I only read the articles that affect me directly		What age group are yo
I	Bulletin?	1 2 3 4 5 6	7 Please rate the stories you	9 Do you subscribe to any of	a Under 20
I a	Always	Well presented	enjoy most	the council's e-newsletters	b 21-35
b	Usually	1 2 3 4 5 6	Please circle a number below - Where 6	or follow our social media	c 36-50
ic	Sometimes	Useful	is very enjoyable and 1 being the least	sites?	d 51-65
1 4	Very rarely	1 2 3 4 5 6	enjoyable.	You can tick more than one box	e Over 65
I e	Never	5 Do you think Bulletin	Roads and infrastructure updates 1 2 3 4 5 6	E-Alerts	12 Please tell us which to
	\ - a a	provides sufficient	News about council housing	E-Bulletin	village you live in

2 3

Education and schools

3

Leisure, sport and open spaces

News about what the council spends

4

4

2

Events and offers

1 | 2 | 3 |

1 | 2 | 3

its budget on







COURSES WITH LIMITED SPACES REMAINING INCLUDE:

HAIRDRESSING

- NC HAIRDRESSING LEVEL 5
- PREPARATION FOR HAIRDRESSING

ACCOUNTING

NC ACCOUNTING

HNC ACCOUNTING

PHOTOGRAPHY

HNC PHOTOGRAPHY

FNGINFFRING

 NC MECHANICAL **FNGINFFRING**

- HND ENGINEERING SYSTEMS

CONSTRUCTION

- NC BUILT ENVIRONMENT
- HNC BUILT ENVIRONMENT

• HNC ENGINEERING SYSTEMS HEALTH AND SOCIAL CARE

• NC HEALTH AND SOCIAL CARF | FVFI 5

SCIENCE

 NQ ACCESS TO BIOLOGICAL SCIENCES (SWAP)

HOSPITALITY AND PROFESSIONAL COOKERY

- PROFESSIONAL COOKERY LEVEL 5
- HNC HOSPITALITY

TRAVEL AND TOURISM

 NC TRAVEL AND TOURISM LEVEL 5

APPLY NOW BY VISITING WWW.WEST-LOTHIAN.AC.UK

Almondvale Crescent, Livingston, West Lothian, EH54 7EP. T:01506 418181 E: enquiries@west-lothian.ac.uk



west lothian leisure

WLL Leisure & Culture

West Lothian Leisure (known as Xcite) is a Scottish Charity, SC027470 www.westlothianleisure.com



Daytime Fitness Classes

Did you know Xcite have a range of fitness classes running throughout the day so you can fit in your workout while your kids or grandchildren are at school? From morning to afternoon choose from the Les Mills range, or Yoga, Pilates, Cycle, Abs, Water Aerobics, Kettlercise classes and lots more! It's a great way to keep active, feel good, meet friends, relax and recharge before the afternoon pick up. Pay-pervisit available or included in Premier/POL/Young Adult/Student/Access Xcite Memberships.

Fun Friday

Get the family together after a busy week for a Family Fun Swim session @ Xcite Livingston on a Friday 1pm - 8pm for only £10**.

These leisure pool sessions include Flumes, Water Features and Rapid Rivers! Please take the time to read our pool guidelines, including pool entrance ratios and flumes access before visiting our pools to avoid disappointment. Voucher must be presented at reception to take up



Xcite Membership – Free Joining Fee*

All Adult Xcite memberships give you access to 10 local Xcite venues across West Lothian with

- GYMS FITNESS CLASSES SWIM SAUNA/STEAM
- RACQUET SPORTS 9 HOLE GOLF COURSE-INDOOR BOWLING • ATHLETICS TRACK!

Free Joining Fee* on monthly Adult Xcite. Membership available 13-31 August 2018.

PLUS have your own Fitness programme designed and regularly reviewed by the qualified Xcite Team, a Body Composition Analysis, extra Technique Sessions in the Gym, Adult Swimming Lessons and Coached sessions and discounts for Football Pitch hire. Supervised soft play sessions are available for 18months - 7years on pay-per-visit basis or as part of Junior Membership.

Access to Xcite Armadale • Bathgate • Broxburn • Craigswood • East Calder • Fauldhouse

For more information on Xcite visit: www.westlothianleisure.com







• Linlithgow • Livingston • Whitburn



Polkemmet Golf - Whitburn

Enjoy a round of Golf at Polkemmet's 9 hole Golf Course or a session on the Driving Range and bring along a friend

To book tee off time call T: 01501 743905.



School Bookings

Did you know you can hire out space in your local secondary school in the evenings and weekends? From Sports Halls to Swimming Pools WLL have spaces that might be ideal for your club to use or to hold an event. To find out more contact WLL booking team by emailing: secondaryschools@westlothianleisure.com

Howden Park Centre - Livingston

Fancy taking in a show or an exhibition without having to travel into Edinburgh or Glasgow? At Howden Park Centre they have a packed cultural programme all year round that you can access locally.

Why not take an art or dance class, meet up with friends for a snack in the café bar or make a night of it with a refreshment and a show.

Here's a few not to be missed:

MUSIC			
Sinatra & Me	Thursday 30 August	7.30pm	£15/£13
Hotel California	Saturday 1 September	7.30pm	£20
Grease – The Livingston Players	4-8 September	7.30pm	£16/£14
Evergreen – a tribute to Barbara Streisand	Sunday 16 September	7.30pm	£15/£13
Billy Joel Song Book Elio Pace and Band	Saturday 22 September	7.30pm	£24.50/ £22.50
The Bob Dylan Story	Thursday 27 September	7.30pm	£19/£17
PLAY			
McLuckie's Line	Friday 7 September	8.00pm	£12/£8/£6
COMEDY			
Stuart Mitchell	Saturday 15 September	7.30pm	£12/£10
Mark Nelson	Thursday 27 September	8.00pm	£10

Check with box office for concessionary prices, age restrictions and café bar opening times.

For more details, more shows, classes and how to book visit www.howdenparkcentre.co.uk or call 01506 340700.

FREE VOUCHERS FROM WEST LOTHIAN LEISURE

*Free Joining Fee!

Take out any monthly Adult Xcite membership between 13-31 August 2018 and you won't need to pay a joining fee! This offer can be taken out online, or at an Xcite venue when presenting this voucher. Terms and conditions apply, visit www.westlothianleisure.com for more info. Junior Membership is not included in this offer.



www.westlothianleisure.com

**Family Swim @ Xcite Livingston for only £10.00

Valid Friday 17, 24 and 31 August 2018 1pm-8pm (1pm - 6pm on 31 August).

Subject to availability. Terms and conditions apply. Family Ticket admission = 2 Adults + 2 Junior, or 1 Adult + 3 Junior. This voucher must be presented to take up this offer. Voucher only valid for one Family Ticket. Photocopies are not acceptable.



www.westlothianleisure.com

***Polkemmet Golf Bring a friend for free

is valid at time of entry with a full paying customer and only available at Polkemmet Golf and Driving Range from 13-31August 2018. Subject to availability. Terms and conditions apply. This voucher must be presented to take up this offer. Voucher only valid one per person. Photocopies are not acceptable.

> west lothian leisure www.westlothianleisure.com